

## Sylvaine Strike

Actress | Voice Artist | Theatre Director

Trained at the University of Cape Town Drama School and going on to specialize at the world renowned Ecole Jacques Lecoq, Paris; Sylvaine's career has always sustained a balance between theatre, television and film.

A versatile actress, equally comfortable in both comedic and dramatic genres, Sylvaine Strike's television career was launched in 1995, when she played teenager Frankie Dwyer in the sensationally progressive South African sitcom *Suburban Bliss*. Parallel to shooting the 104 episode series, her stage career became equally exciting, with her breakthrough role earning her a Best Actress VITA Award in *Shopping and Fu\*\*\*ing* by Mark Ravenhill, directed by Yaël Farber for the Market Theatre in 1998.

Now spanning an impressive career of over 25 years, Sylvaine has become an iconic character actress across all mediums, garnering a following for her unique theatre creations, both as an actress and highly sought after director. She has featured in memorable feature films such as *District 9*, *An Act of Defiance* and *Red Dust* and was awarded the 2017 SAFTA (SA Film and Television Award) as Best Supporting Actress in a Comedy for her portrayal as Agatha Borg in the off-the-wall television series, *Those Who Cant*.



## Performance Resume

# Sylvaine Strike

### TRAINING:

1998 – 2000 Ecole Jacques Lecoq (France)  
1991 – 1994 University of Cape Town  
  
1990 Pro Arte Ballet Art Music & Drama

Diploma in Movement Analysis, Theatre Making & Physical Theatre  
BA Drama UCT Specialization:  
Performer's Diploma in Speech & Drama  
Diploma Cum Laude

### FILM EXPERIENCE:

2020 Resort To Love  
2017 An Act of Defiance  
2011 Winnie Mandela  
2011 Jock the Hero Dog  
2010 Spud  
2010 Liefing  
2009 District 9  
2008 Swop!  
2004 Red Dust  
2004 Gums & Noses  
2003 Hey Boy  
2002 Pavement (TV Movie)  
2001 Askari  
2001 Ali  
2000 Angels in a Cage (Short)  
School

Role: Claire  
Role: Hilda Bernstein  
Role: Jan Hofmeyer Woman  
Role: Polly (Voice)  
Role: San Sister  
Role: Katryn von Staden  
Role: Dr Katrina McKenzie  
Role: Inspector  
Role: Woman at House  
Role: Dr. Rob  
Role: Maggie  
Role: Sylvia  
Role: Susan Hughes  
Role: ORTF Interviewer  
Role: Nina

Netflix|Blue Ice Africa  
Spier Films  
Ironwood Films, Equinoxe Films  
Jock Animation  
Rogue Star Films  
Hartiwood Films  
TriStar Pictures  
Dark Continent Pictures  
BBC, Distant Horizon  
Freemouth Films, T.O.M. Pictures  
Brave Films  
Film Afrika  
Peakviewing Productions  
Columbia Pictures  
More & More Pictures

### TELEVISION EXPERIENCE:

2019 The Hot Zone  
2016 Black Sails  
2016 Those Who Can't  
2013 Mad Dogs  
2013 Flight of the Storks  
2005 Charlie Jade  
1996 Suburban Bliss  
1995 Die Laksman

Role: Sister Elise  
Role: Netta  
Role: Agatha  
Role: Christiane  
Role: Catherine Warel  
Role: Tara Threnody  
Role: Frankie Dwyer  
Role: Liefie Swanepoel

Fox 21 Television Studios  
Film Afrika  
Quizzical Pictures  
Left Bank Pictures  
BE-Films  
The Imaginarium, ZenHQ Films  
Dapple Films, Endemol, SABC  
Scholtz Films

### THEATRE EXPERIENCE:

2022 Firefly  
2015 Black & Blue  
  
2008 Coupé  
2004 Yerma  
  
2004 Black & Blue  
  
2002 Phaedra

Role: Mrs. Swart  
  
Role: Felicite Strasbourg  
Role: Yerma  
  
Role: Mrs. Swart  
  
Role: Phaedra

Market Theatre, dir. Helen Iskander,  
James Cunningham  
Market Theatre  
Garcia Lorca, Actors Centre dir.  
Ashley Dowds  
Market Theatre, dir. Helen Iskander,  
James Cunningham  
Dance Factory Johannesburg dir.  
Sophie Loucashepsky

# OSM

OWEN S. MANAGEMENT



Hair: Dark Brown  
Eyes: Light Brown  
Height: 1,68cm / 5'51"  
Languages: English, French & Afrikaans

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### THEATRE EXPERIENCE CONTINUED:

1998 Shopping and F\*\*\*ing Role: Lulu Market Theatre, dir. Yael Farber

### MUSICALS:

Spring Awakening

### THEATRE DIRECTOR HIGHLIGHTS EXPERIENCE:

2023	The Promise	
2022	Firefly	
2022	Who's Afraid of Virginia Woolf	
2021	Kiss of the Spider Woman	
2019	Eclipsed by Sylvaine Strike	Collaboration with: The Market Theatre Laboratory
2019	Plunge/Avatar by Sylvaine Strike	Collaboration with: William Kentridge's Centre for the Less Good Idea
2018	Endgame by Samuel Beckett	Collaboration with: Baxter Theatre, Cape Town
2018	Curse of the Starving Class by Sam Shepard	Collaboration with: Baxter Theatre, Cape Town
2018	Cottonwood Kid by Sylvaine Strike & Tony Morkel	Collaboration with: Pop Art Theatre Centre
2017	Tartuffe by Molière	Collaboration with: Soweto Theatre, Joburg Theatre, Baxter Theatre
2016	Dop by Retief Scholtz	Collaboration with: Market Theatre
2015 – 2017	Tobacco by Fortune Cookie Theatre	Collaboration with: 2015 – Market Theatre, 2016 – Amsterdam Fringe 2017 – Edinburg Festival Assembly Rooms
2014	Cargo: Precious by Sylvaine Strike	Collaboration with: Forgotten Angle Theatre Collaborative, Dance Umbrella
2012	The Miser by Molière	Collaboration with: Market Theatre & Baxter Theatre
2011	The Table by Fortune Cookie Theatre	Collaboration with: Market Theatre
2010	Tales of 1001 Nights by Mary Zimmerman	Collaboration with: University of Johannesburg (UJ) Arts Academy
2009	A Midsummer Night's Dream by William Shakespeare	Collaboration with: University of Johannesburg (UJ) Arts Academy
2005 – 2006	The Travelers by Fortune Cookie Theatre	Collaboration with: 2005 – Market Theatre, 2006 – Adelaide Fringe, 2006 – Baxter Theatre
2002 – 2003	Babobabs don't grow Here	Collaboration with: 2003 – Edinburg Fringe, 2002 – Baxter Theatre

### AWARDS:

2018	Chevalier des Arts et des Lettres (French - Knight in the order of Arts and Letters)		
2018	Fleur de Cap	Best Director	Endgame
2017	SAFTA	Best Supporting Actress	Those Who Can't (TV Series)
2018	Naledi Awards	Best Ensemble	Tartuffe
2014	National Arts Festival	Featured Artist of the Year	
2012	Naledi Awards	Best Director	The Miser
2006	Standard Bank Young Artist Award	Winner	
2005	Naledi Awards	Best Actress in a Comedy	Black and Blue
2010	Mail and Guardian Top 100 Women		
2004	Rosalie van der Gucht	Best New Director	
1998	Vita	Best Actress	Shopping and F***ing

### IMBD:

[https://pro.imdb.com/name/nm0834501?ref=hm\\_prof\\_photo](https://pro.imdb.com/name/nm0834501?ref=hm_prof_photo)

# OSM

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