



Sizo Mahlangu

Actor | Voice Over Artist

Sizo Mahlangu is an Actor, based in Cape Town.

He was born in America in 1993, and then his family moved back to Johannesburg, South Africa when he was one years old. Sizo studied musical theatre, dance and drama at The Waterfront Theatre School in Cape Town and graduated in 2015.

After finishing his studies, Sizo has worked consistently in Film, Television and Theatre. Some highlights include; featuring as the role of Obi in the fourth season of TV Series, 'Black Sails', playing Eugene in National Geographic's original TV Series 'Origins: The History of Mankind' and starring as Othello, in The Galloway Theatre's production of 'Othello'.

During the course of this past year, Sizo has captivated audiences through his Poetry and Performance Art, exploring the psychology of the performative identity

Performance Resume

Sizo Mahlangu

TRAINING:

2016 Intensive Acting Workshop
2012 – 2015 Trinity Diploma

THEATRE EXPERIENCE:

2019 American Scoreboard

2019 Starr Street
2017 Shakespeare in Love
2015 Othello
2010 The Caucasian Chalk Circle

FILM EXPERIENCE:

2017 Red Sea Diving Resort
(TV Feature Film)
2016 In the Cape Town Port

TELEVISION EXPERIENCE:

2022 Prime
2021 Bethlehem
2021 Die Groenesone
2020 The Age Of Blossoms
2017 On the Run
2017 Helen of Troy
2017 Origins
2016 Origins
2015 – 2016 Black Sails

COMMERCIAL EXPERIENCE:

2018 Heineken
2017 John Dory
2016 Wonga
2016 Shoprite
2015 South African Tourism
2014 American Swiss
2012 Nokia Treasure Hunter

SPECIAL SKILLS/TALENTS:

Accents & Dialects: Cockney, British RP, American (General and Southern.)

Special Skills: Sword Handling and Combat Training

Dance: Ballet and Contemporary

Sports: Athletics, Basketball, Swimming, Horse-riding

Voice: Baritone

Gahlia Phillips
Waterfront Theatre College

Role: Gov. Doug Collins

Role: Brandi
Role: Adam/Frees
Role: Othello
Role: Azdak

Role: Ethiopian Rebel Soldier

Role: Ngambo

Role: Lunga
Role: Officer Tebogo
Role: President
Role: Isaac
Role: Smuggler #4
Role: Celix
Role: Eugene
Role: Young Fisherman
Role: Obi

Featured
Featured
Lead
Lead
Lead
Featured Extra
Treasure Hunter

HB Studio Theatre (USA)
Chris Burney
HB Studio Theatre (USA)
the Fugard Theatre dir. Greg Karvellas
Galloway Theatre
Michael Mount Waldorf Centre

Out of Africa

Moonlighting Films

Prime Cinema
Rust Road Pty Ltd
Sacred Animal Film
Vanishing Elephant
Two Oceans Productions
Film Afrika
Film Afrika
Film Afrika
Film Afrika

Alik Sakharov / Lukas
Ettlin

Worldwide
South Africa
South Africa
South Africa
Australia
South Africa
South Africa

dir. Fran Kirmser &

dir. Patricia Golden

dir. Paul Griffiths
dir. Welma de Beer

dir. Gideon Raff

dir. Alexander
Veledinsky

dir. Thabiso Christopher
dir. Robin Goode
dir. Adriaane de la Rey
dir. Tebogo Malebogo
dir. Kai Wessel
dir. Owen Harris
dir. Niall McCormick
dir. Celso Garcia
dir. Steve Boyun /



Hair: Black
Eyes: Brown
Height: 1,84m
Languages: English, Sesotho, Zulu &
Basic Spanish