



Amanda du-Pont

TV Presenter | Fitness Model | Voice Over Artist | Actress

Amanda du-Pont is an actress, television presenter, and commercial and fitness model, voice over artist and business woman.

Amanda has acted on numerous television shows such as Muvhango, Generations, A place called Home, City Sesla, Intersexions, End Game, Task Force, Tarryn & Sharon, Kowethu, Mzansi Love and Single Guyz. Amanda has also acted on CBS drama "Life is Wild" aired on hallmark in the USA and locally. Amanda has filmed feature films released in cinema's: Hear me move, Between Friends and Final Cut. Amanda has shot numerous commercials for: Old Mutual Bank, Absa Bank, Vodacom, Hippo, Shower to Shower and FIFA World Cup. Amanda has graced numerous magazine covers over the years such as Cosmopolitan, Glamour, Womans Health, Grazia, FitLife and Truelove. du-Pont was also an Adidas fitness ambassador for 3years. du-Pont has also presented numerous shows such as: The Real Goboza, BET A-List, Biting About, Man Cave and Come Duze.

Amanda shares a strong passion for business and aims to always empower herself and those around her. She designed her own line of shoes and collaborated on a line with Footwork. She has released her own limited edition backpack with international brand Sprayground.

Amanda has bagged a host of impressive collaborations with high-end brands such as Rolls Royce, McLaren, Emirates, Turkish Airlines and several international luxury resorts.

Amanda has an impressive reach of 5.3 million followers across her social media platforms. She uses this reach to inspire hope and build faith to her audience. She aims to empower those around her through positivity. Amanda has started a series called Moments with Mandz on her Instagram which is purely dedicated to uplifting others and empowering them with the tools to achieve their dreams.

Amanda has a Bachelor of Arts degree from The South African School of Motion Picture and Live Performance. She is also a New York Film Academy graduate in Acting in Film, the academy awarded her a scholarship for excellent performance at an arts convention in Florida where she was spotted performing and representing South Africa.

Amanda is a Greenpeace Global Ocean Ambassador. She is passionate and loves the ocean. She is doing all she can to raise awareness about the danger our oceans are facing due to over fishing, plastic pollution, climate change and deep sea mining exploration. She set sail on the Arctic Sunrise into the deep sea to Mount Vema. Together with a team of researchers, scientists, marine biologists and divers they captured research on this mission to submit to pave the way for a strong Oceans treaty to save our oceans.

Amanda was also a speaker at last years Shift Conference at Wits University. She believes we can secure Africa's future one mind at a time! This for her is purpose work, sharing what she has learnt and continues to learn along the way to help transform the careers and lives of youth.

Amanda has led various community projects which include collecting donated clothing and distribution to the homeless. She has also done various cookouts for the homeless and delivered food parcels to the homeless and disadvantaged.

Currently on Netflix Amanda plays "Ashley" on the original Netflix series "Shadow" and is on the film "10 Days in Sun City" available globally in 190 countries. She plays the role of "Lelo" on "Skeem Saam", which has a viewership of 7.9 million and is available in 20 francophone countries.

Performance Resume

Amanda du-Pont

OSM

OWEN S. MANAGEMENT

TRAINING:

Bachelor of Arts Degree in Live Performance from the South African School of Motion Picture and Live Performance, Diploma in acting for film from the New York Film Academy, taught and trained by acting coach James Miles.

TELEVISION EXPERIENCE:

2020 – 2021	Skeem Saam 8	Role: Lelo	PEU Communications
2018 – 2019	Skeem Saam 7	Role: Lelo	PEU Communications
2017 - 2018	Skeem Saam 6	Role: Lelo	PEU Communications
2017	Shadow 1	Role: Ashley	Haymaker Productions
2017	Taryn & Sharon	Role: Sharon	Quizzical Pictures
2016 - 2017	Skeem Saam 5	Role: Lelo	PEU Communications
2015 - 2016	Skeem Saam 4	Role: Lelo	PEU Communications
2014 - 2015	Skeem Saam 3	Role: Lelo	PEU Communications
2014	Kowethu	Role: Candice	Doppleganger Productions
2014	Task Force	Role: Christelle Ndlovu	Stepping Stone Pictures
2013 - 2014	Mzansi Love	Role: Khalipha	Fireworx Media
2013	End Game	Role: Suzie	Fireworx Media
2013	Single Guyz	Role: Khuli	Quizzical Pictures
2013	Intersexions	Role: Khanya	Quizzical Pictures
2010	City Ses'la	Role: Khanyi Mbuli	Black Brain Pictures
2009 - 2011	Muvhango	Role: Thabisile Dlamini	Word of Mouth Pictures
2008	Life is Wild	Role: Serena	CBS Productions - Hallmark
2008	Generations 1	Role: Georgina	Morula Pictures
2008	A Place Called Home	Role: Yolisa	T.O.M. Pictures

PRESENTING EXPERIENCE:

2016 - 2017	BET A-List	Role: Host	BET Africa
2016	Biting About	Role: Host	SABC 3
2013 – 2014	The Real Goboza 7 + 8	Role: Host	SABC 1
2013	Come Duze 10	Role: Host	S'khonyana Productions / SABC1

FILM EXPERIENCE:

2020	The Domestic	Role: Blessing	33 Films
2020	The Player	Role: Nicole	Diamond Groove Pictures
2019	10 Days in Sun City	Role:	Netflix
2014	Between Friends: Ithala	Role: Nisha	Dir. Trevor Calverly
	Final Cut	Role:	Dir. Omar Naim
	Hear Me Move	Role: Guest Star	Dir. Wandile Molebatsi



Hair: Black
Eyes: Brown
Height: 1,64m
Languages: English, Seswati and Basic French

Performance Resume

Amanda du-Pont

THEATRE EXPERIENCE:

Little Shop of Horrors	Role: Lead
The Sound of Music	Role: Lead
West Side Story	Role: Lead

Barnyard Theatre White River
 Barnyard Theatre White River
 Barnyard Theatre White River

CAMPAIGN/ENDORSEMENTS:

2019	Shield
2016 – 2019	Adidas

COMMERCIAL EXPERIENCE:

2018 & 2019	Rolls Royce	Role: Lead
	iWyzé TVC	Role: Lead
	ABSA Bank	Role: Supporting
	Nescafé	Role: Lead
	McDonald’s	Role: Lead
	Jik	Role: Supporting
	Hippo	Role: Lead

SABC & DStv
 SABC & DStv
 SABC & DStv
 SABC & DStv
 SABC & DStv
 SABC & DStv & Print

MC EXPERIENCE:

2023	Momentum #SheOwnsHerSuccess - Panelist
2023	DStv Women’s Beauty & Wellness Event
2018 – 2020	Clicks Curls
2018 – 2019	Women’s Health Fit Night Out
2019	Workout Workshop
2019	Standard Bank Polo

SOCIAL RESPONSIBILITY:

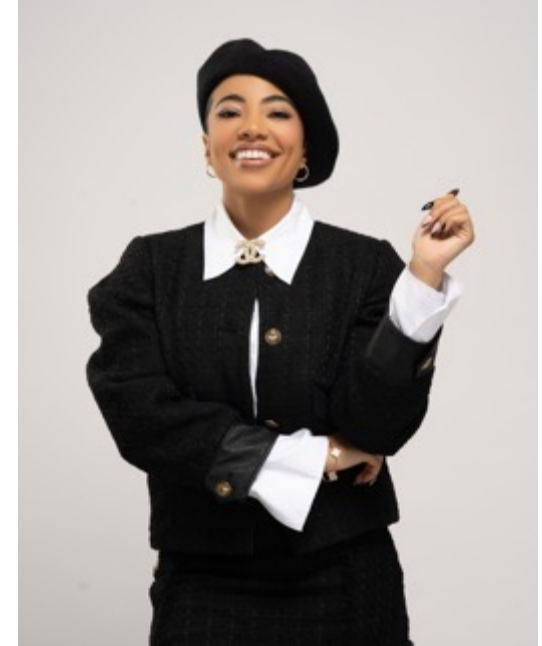
2019	Greenpeace Ocean Ambassador
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SPECIAL SKILLS:

Sports
 Muay Thai
 Boxing
 Swimming
 All Round Fitness
 Horse Riding
 Dance (Beginner Latin & Hip Hop)

OSM

OWEN S. MANAGEMENT



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